

Rev. CHUCK DE GROAT, Ph.D., LPC

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EDUCATION

**Harold Abel School of Psychology,
Capella University, Minneapolis, MN**
Ph.D. in Educational Psychology **2008**

*Expectation versus reality among male graduates of seminary
who entered the ministry: A phenomenological study*

Reformed Theological Seminary, Oviedo, FL
Master of Arts in Mental Health Counseling **1999**
Master of Divinity **1998**
Two graduate courses completed at Keble College, Oxford University **1997**

Dordt College, Sioux Center, IA
Bachelor of Arts in Philosophy **1992**

VOCATIONAL EXPERIENCE

Western Theological Seminary, Holland, MI **2013 -present**
Professor of Counseling and Christian Spirituality

Newbigin House of Studies, Senior Fellow **2013- present**

Pastoral Coach and Consultant **2008- present**

Newbigin House of Studies, Co-Founder and VP **2009 - 13**

City Church SF, Teaching Pastor, Founder & Exec Dir. Counseling Ctr. **2009-13**

Reformed Theological Seminary, Oviedo, FL **2003 – 2015**
Adjunct Professor (full-time course load 2006-2009)
Currently teaching two courses per year.
Courses Taught: Psychology in Relation to Theology I and III, Systematic
Theology Overview, Classics of Personal Devotion, Sanctification,
Church and the World, Field Education, Counseling in Community Settings,
Educational Ministry in the Church, Preaching Lab II, Preaching Lab III,
Group Theories, Vocational Counseling

Director of Spiritual Formation – Led a faculty team through a
curriculum revision process for greater spiritual formation **2006 - 2008**

Rock and Sling: A Journal of Art, Literature and Faith **2007 - 2008**
Book Reviews Editor

Reformed Theological Seminary, Oviedo, FL **2007 - 2008**

Director of Spiritual Formation and Field Education

Northland Church – Oviedo Counseling Center

2005 - 2008

Clinical Supervisor

Professional Counselor

1999 - present

Clinical counseling covering a range of issues, including marriage, sexual and emotional abuse, addiction, mood and personality disorders

Willow Creek Presbyterian Church, Orlando, FL

1998 – 2005

Pastor of Spiritual Formation

Includes starting and directing Willow Creek Counseling Center, pastoral care, leadership of small group ministry, started *Sojourn* – an evening alternative, liturgical, and missional worship service which included weekly preaching and overall leadership.

RECOGNITION

American Bible Society *Distinguished Scholar Award 1997*

Top Ten Sermons of 2011 *Preaching Today (at Christianity Today)*

Top Ten Sermons of 2013 *Preaching Today (at Christianity Today)*

Outreach Magazine Top Books of 2014 – Toughest People to Love

Leadership Journal Top Books of 2015 – Toughest People to Love

Distinguished Alumni Award – Dordt College - 2018

SEMINARS, RETREATS, and PRESENTATIONS

2020

- “Conflict and Compassion” Fuller Theological Seminary Doctor of Ministry Course
- “Wholeheartedness and the Enneagram” at Midland Reformed Church in Midland MI
- A variety of smaller teaching sessions for area churches of the Surge Network in Phoenix, AZ
- Webinar on When Narcissism Comes to Church for Your Enneagram Coach, the Teaching Ministry of Beth McCord
- Community Group Leader Training and Support for Covid-19 for Christ Church, Berkeley, CA
- Church-Wide seminar on anxiety for Christ Church Intown, Jacksonville, FL
- Leadership Training on Non-Anxious Presence Amidst Covid-19 for Walnut Creek Presbyterian Church

2019

- Men’s Retreat at Pillar Church MI
- Wholeheartedness Talks at Sojourn Church Louisville KY

- A Lenten Lab called “The Contemplative Mind for a Contemporary World” at All Souls Church, Boulder CO
- Pastor’s Retreat for Ministers in NW Iowa
- Soul Care Institute Retreat
- “Knowing and Telling Your Story “ at Austin Seminary
- Facilitator at Restoring the Soul Retreat, Colorado Springs, CO
- “Authenticity, Wholeness, and Skeletons in our Closet” at Christ Memorial Church, MI
- Celebrate Recovery Retreat at Santa Cruz Bible Church
- “Deepening Spiritual Transformation” Fuller Theological Seminary Doctor of Ministry Course
- Wholeheartedness Retreat for Memorial Presbyterian and Providencia Church in West Palm Beach
- Moderator for a Faith and Partisanship Event with Dr. Kristin DuMez, Congressional Candidate Rev. Bryan Berghoef, and Brian McLaren in Holland MI
- “Wholeheartedness and the Christian Journey toward Union with God” at Mars Hill Church Formation School

2018

- Potters Inn Alumni Retreat, Colorado
- “Wholeheartedness Talks” for LeTourneau University Honors College Conversations
- Preaching at Wheaton College Chapel
- “The Enneagram and Christian Formation” at Trinity Christian College, Palos Heights IL
- Preaching at Maple Avenue Ministries
- Wholeheartedness Talk for EnGedi Church Formation School
- Wholeheartedness Talk at North Holland Church
- “The Three Movements of a Man’s Life” Men’s Retreat for Liberti Church, Philadelphia
- Wholeheartedness Retreat for Oakland City Church, Oakland CA
- Distinguished Alumni Award and Speaker at Dordt College, IA
- “Wholeheartedness and the Christian Journey toward Union with God” at Mars Hill Church Formation School
- Teaching on Wholeheartedness for the Denver Institute for Faith and Work, Denver CO
- Preaching at Westminster Church Grand Rapids

2017

- Staff retreat for The Reformed Church of Bronxville, NY
- Preaching at Community Reformed Church Manhasset
- Wholeheartedness Retreat for Desire Street Ministries, Orlando
- Enneagram Retreat for Mission India based in Holland MI
- “Compassionate Caregivers Retreat” for 2200Arch Counseling and Liberti Church, Philadelphia
- “Seven Pathways to Transformation Retreat” for City Church Greensboro in Asheville, NC
- Preaching on two occasions at Mars Hill Bible Church
- “I Belong, Body and Soul” at Christ in the City, Pillar Church Holland
- Wholeheartedness Retreat for Therapists, Cornerstone University
- Leaving Egypt Retreat for Fellowship Reformed Church, MI
- Wholeheartedness Retreat for Church of the Advent in Wash DC
- Enneagram Retreat Calvary CRC Holland MI

- “Seven Pathways to Transformation” for CRC Regional Pastors Gathering
- Leaving Egypt Church Retreat for Trinity Church Orange City
- Chapels – Dordt College and Northwestern College
- “Deepening Spiritual Transformation” Fuller Theological Seminary Doctor of Ministry Course

2016

- Western Theological Seminary Board of Trustees, Presentation on Wholeheartedness in Phoenix AZ
- Twin Falls Church, ID - Preaching
- “Engaging Difficult Conversations” for Reformed Church in America General Synod, Chicago IL
- Wholeheartedness Retreat for First Pres. Church Grand Rapids, MI -
- “Seeker-Comprehensibility: A Vision for Christian Mission” at Pillar Church, Holland MI
- “Wholeheartedness” for Dordt College Monday Speaker Series
- Northwestern College - Chapel Speaker
- Marriage Retreat for Santa Cruz Bible Church, Santa Cruz, CA
- Wholeheartedness Retreat for The Soul Care Project, Vero Beach FL

2015

- Newbigin Fellowship, SF - One day course on Relationships and Sexuality in the City
- City Church San Francisco - Marriage Retreat
- Episcopal Diocese of South Georgia - Leadership Development Retreat
- City Church San Francisco - Silent Retreat
- Dordt College - Keynote Address –Pastor’s Conference
- Northwestern College - Chapel Speaker
- Pillar Church and Fellowship Reformed Church, MI - Men’s Retreat
- Seminar on Pastoral Formation, Ministerial Formation and Credentialing Agency, RCA (a 3 credit course for pastors entering the RCA from other denominations)
- Hope College – Three Day Chaplains Retreat
- Covenant Presbyterian, Birmingham AL - Marriage Retreat
- City Classis – “Growth and Transformation”
- New Clergy Conference, Albany Synod, RCA
- Christian Healthcare Corporate Conference, NJ – “Toughest People to Love”
- Community Reformed Church, Long Island - Speaking and preaching on behalf of WTS Advancement
- Central FL Episcopal Diocese - Clergy Retreat

2014

- Newbigin Fellowship, SF - One day course on Relationships and Sexuality in the City
- City Church San Francisco - Leadership Development Retreat
- Grace Church Seattle – “Loving Difficult People”
- Keynote Speaker – Spanish River Church Planter’s Conference
- Keynote Speaker - Reformed Communion Conference, Atlanta, GA
- Seminar speaker at the American Association of Christian Counselors conference, Branson, MO

2013

- Calvin Seminary, Workshop Speaker - Missional Reading of Scripture Conference – “Missional Spirituality”

- Finding God in our Wildernesses, Christian Principals Assoc. of British Columbia
- Liberti Church Philadelphia – Leadership Development Retreat
- City Classis Plenary Speaker – “Insights from Interpersonal Neurobiology for Pastoral Life”
- ELI Fellowship Portage Speaker – “Theological Formation and the Christian Life”

2012

- Neuroscience and Story: Public Lectures on the Intersection of Neuroscience and the Human Experience, Marines Memorial Theater San Francisco
- UCSF Law School - “Mindful Leadership”
- City Classis - A Vision for Christian Formation
- City Church SF - Community Group Leaders Retreat
- Liberti Church Philadelphia - Leadership Development Retreat
- Christ Church East Bay – Leadership Development Retreat
- Surge Network – Exploring the Contours of Vocation
- Surge Network – Leadership from the True Self

2011

- Leadership for the Church in Mission w/ Dr NT Wright - Break-out Session Speaker - “Faith and Work” and “The Spiritual Life of the Pastor”
- Pacific Crossroads Church, Los Angeles - Community Group Leaders Retreat
- City Classis – “The Spiritual Life of the Pastor”

2010

- Sierra Leadership Network – “Texts and Subtexts of a Pastor’s Life”
- Renew South Florida and Redeemer’s City-to-City Urban Church Planting Network – The Spiritual Life of a Church Planter (a talk given with Tim Keller, followed by Q & A - <http://www.renewsouthflorida.com/2010/04/chuck-degroat-spiritual-life-of-a-church-planter/>)
- Newbiggin House Preaching Class – “Exegeting Culture”

2009

- Synergy – The Emergent Church; How to do a Ph.D.; Discussion Panel
- City Church San Francisco – “Return of the Prodigal Son” Church wide retreat
- City Classis – “The Pastor as Minor Poet”

2008

- Nature Coast PCA, Orlando, FL – Men’s Retreat
- CNL Bank Corp., Orlando, FL – 12 week Cultural and Theological Worldview Course

2007

- Knox EPC, Detroit, MI – Marriage Retreat
- University PCA, Orlando, FL. – A Biblical Understanding of Male Sexuality
- Reformed Theological Seminary – Lectio Divina

2006

- Ascension Episcopal Church, Orlando, FL – Men’s Retreat
- University PCA, Orlando, FL. – Marriage Retreat
- Seven Rivers PCA – Male Spirituality
- Campus Crusade – RTS Charlotte Class – “Sanctification”

2005

- Nature Coast PCA – Men’s Retreat
- University PCA, Orlando, FL. – Sexual Addiction Seminar

2004

- St. Paul’s PCA - Pop Culture and Sexuality

2003

- Central Florida Presbytery (PCA) – Sexual Addiction

2002

- Central Florida Christian Association of Psychological Studies -
A presentation on the history and development of soul care and psychology through
the ancient notion of curam animarum.

2001

- Covenant College, GA. – 3 Day Lectures on Vocation and Calling

BOOKS

- Monograph - *Expectation versus reality among male graduates of seminary who entered the ministry: A phenomenological study* published by VDM Verlag Dr. Müller Aktiengesellschaft & Co. **2008**
- *Leaving Egypt: Finding God in the Wilderness Places*, Square Inch **2011**
- *The Toughest People to Love: Leading and Loving the Difficult People in Your Life*, **Eerdmans 2013**
- *Wholeheartedness: Busyness, Exhaustion, and Healing the Divided Life*, **Eerdmans 2016**
- *“Anxiety: A Christian Perspective” (mini-book)*, **The Discovery Series**
- *When Narcissism Comes to Church: Healing Your Community from Emotional and Spiritual Abuse*, **IVP 2020**

ARTICLES

- “When Narcissism Comes to Church” in *Eternity News*, March 2020
- “The Many Faces of Narcissism in the Church” in *Christianity Today*, Feb 2020
- “After Narcissism’s Come to Church, Stories Can Heal Us” in *Psychology Today*, Jan 2020
- “Pastor, Why Are You Hiding?” in *Christianity Today*, January 2019
- “The Enneagram Issue: Reflective or Reactive?” in *In All Things*, September 2019

- “Fauxnerability and Vulnerability: Learning the Difference is Essential for a Leader,” in *In All Things*, September 2018
- “Uncomfortable Conversation,” in *The Banner*, July 2018
- “Seeing Clearly” in *In All Things*, 2018
- “Learning to Put on the Mind of Christ,” in *The Banner*, March 2018
- “The Toughest People to Love,” in *The Banner*, December 2016
- “Am I Doing Enough” in *In All Things*, May 2016
- “The Long Invisible Bag” in *In All Things*, January 2015
- “Becoming Ourselves: Anthropological Musings for Christian Psychologists” *Religions* **2014**, 5(1), 268-276.
- “On Being Generously Reformed” in *The Twelve*, Jan. 2014
- “Why Everyone Should Be In Therapy (Including You)” in *Q Ideas*
- “A Church for the City” in *Perspectives: A Journal of Reformed Theology*, Mar **2012**
- “Black Bag Theology” in *Perspectives: A Journal of Reformed Theology*, Dec **2011**
- “Spiritual or Psychological: Dark Nights have Many Dimensions” in *Christianity Today’s Leadership Journal*, Fall **2011**
- “The Parts We Play: Anthropology and Application to Expand Vanhoozer’s Proposal” in *Edification: The Transdisciplinary Journal of Christian Psychology*, **2011**
- “Life as Liturgy,” *Relevant Magazine*, February **2011**
- “Our Love-Hate Relationship with the Church,” *Relevant Magazine*, July **2010**
- “The New Exodus as a Model for Soul Care” in *The Journal of Psychology and Theology*, Fall **2009**
- Review of *The Shack* in *Rock and Sling: A Journal of Literature, Art and Faith* **2008**
- Review of *The Language of God* in *Rock and Sling: A Journal of Literature, Art and Faith* **2007**
- “The Challenge for Racial Diversity” in *ByFaith* **2005**
- “A Growing Hunger for Honesty and Authenticity” in *ByFaith* **2005**
- “A Liturgy for Grief: The Urban Church and Lament,” at *ChurchLeaders.Com*
- “What Missional Is Almost Always Missing,” at *ChurchLeaders.Com*

- Multiple articles published in *The Other Journal* and *Third Millennium magazine* **1998 – present**
- Blog www.chuckdegroat.net

AUDIO, INTERVIEWS AND PODCASTS

- “The Problem of Narcissistic Pastors” The Roys Report Podcast, March 2020
- “Narcissism in the Church” Amplify with Father Ron, March 2020
- “When Narcissism Comes to Church” Casey Trygett Podcast, March 2020
- “Narcissism 101” Middays with Susie Larson, March 2020
- “Distinctives of Soul Care” Potters Inn Podcast, January 2020
- “Internal Family Systems and Narcissism in Leaders” Managing Leadership Anxiety Podcast, January 2020
- “How Narcissism Shows Up For Each Type on the Enneagram” Gravity Leadership Podcast, December 2019
- “Fostering the Presence of God” Nine to Five Podcast, June 2019
- “Self-Care and the Enneagram” The Enneacast, May 2019
- “Healing the Divided Self” Changing Company, April 2019
- “Wholeheartedness, Contemplative Spirituality, and Narcissism” Cultivated Podcast Sept 2019
- “Why We Love Narcissistic Leaders” Gravity Leadership Podcast, June 2019
- “Wholeheartedness” Parts 1 and 2, Restoring the Soul Podcast, April 2019
- “Narcissistic Personalities” Mockingbirds and Mariners Podcast, March 2019
- “Narcissism: What It Is and Why It’s So Toxic” The Place We Find Ourselves Podcast, February 2019
- “Chuck DeGroat and a Life of Wholeheartedness” Faith and Work Podcast, January 2019
- “Masculine Initiation” Undone Redone Podcast, June 2018
- “Wholeheartedness” New 4RMations Podcast, June 2018
- “Wholeheartedness and the Contemplative Life” Invitation Podcast, May 2018

- Sermons and talk available at from Chuck's time pastoring at City Church SF <http://www.citychurchsf.org/Media>

PROFESSIONAL COUNSELING QUALIFICATIONS

- Licensed Professional Counselor, Michigan